Northeastern Catholic District School Board Learn At Home Activities Intermediate Students (Grades 7 & 8)

Art

Create a storyboard. Use line, colour and shape to convey movement of characters or objects from one frame to the next.

Make a shadow play and present it to your family using a flashlight to project your hands on a wall in a dark room.

Make a set of worry stones for yourself, a family member, or friend. Decorate with messages of hope, faith and love.

Catholic Faith

Watch & sing along daily. HILLSONG - Hope Of The World (Lyric Video) <u>https://www.youtube.com/watch?v=_yP7BxqkFj8</u>

Make up a dance to go with the song. When ready, perform the dance for family members.

Write a short poem about Hope. Where can it be found?

Physical Education

If you have been doing the exercises over the last two weeks, add crunches and jumping jacks to the mix now. Continue to log your progress for all 6 exercises now.

Using a deck of cards (numbered cards only), two people lay down a card and then multiply the numbers listed. The winner chooses the exercise for the other person to do.

"Around the World": Take several shots at a target (i.e. basketball net) while moving from one side of a semi-circle to the other. Every time you miss, you must restart.

Week of April 27 to May 1, 2020